

MARCH 2022

BAYPOINT PREPARATORY ACADEMY

LUNCH

HELLO FLOWERS. HELLO, SUN. HELLO, MARCH!



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or salmon.

References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
CLASSIC TURKEY & CHEDDAR SANDWICH

2
CHICKEN CAESAR SALAD WITH WHOLE GRAIN CROUTS PORTION BAG

3
CHEDDAR CHEESE SUB/ WITH YOGURT

4
MIGHTY MEATY DELI SANDWICH

5
MIGHTY MEATY DELI SANDWICH

6
SUNBUTTER, JELLY, SLICED BREAD
National Cereal Day

7
PESTO PASTA SALAD WITH CHICKEN

8
VEGGIE CHEF SALAD OR CLASSIC TURKEY & CHEDDAR SANDWICH

9
SUNBUTTER, JELLY, SLICED BREAD OR CLASSIC TURKEY & CHEDDAR SANDWICH

10
MIGHTY MEATY DELI COMBO SANDWICH

11
TUNA SANDWICH KIT OR SUNBUTTER, JELLY, SLICED BREAD

12
PIZZA PLEASE! PIZZA CHEF KIT

13
HAM AND CHEESE ON WHOLE GRAIN ROLL OR VEGGIE TACO SALAD AND TORTILLA SCOOPS BAG

St. Patrick's Day 14
CHILLIN CHINESE CHICKEN NOODLES OR HAM & CHEESE SUB SANDWICH

15
SUNBUTTER JELLY, SLICED BREAD WITH STRING CHEESE OR CLASSIC TURKEY & CHEDDAR SANDWICH

16
CLASSIC TURKEY & CHEDDAR SANDWICH

17
BUFFALO CHICKEN WRAP OR SUNBUTTER, JELLY, SLICED BREAD

18
VEGGIE TACO SALAD WHOLE GRAIN ROLL & TORTILLA SCOOP BAG OR CLASSIC TURKEY & CHEDDAR

19
CLASSIC TURKEY & CHEDDAR SANDWICH OR SUNBUTTER, JELLY SLICED BREAD

20
PESTO PASTA SALAD WITH CHICKEN OR MIGHTY MEATY DELI COMBO SANDWICH

21
NO SCHOOL SPRING BREAK

22
NO SCHOOL SPRING BREAK

23
NO SCHOOL SPRING BREAK

24
NO SCHOOL SPRING BREAK

25
NO SCHOOL SPRING BREAK

