

## **SECOND STEP CURRICULUM**

Social Emotional Learning curriculum: (Second Step)

- Staff PD for effective delivery of the curriculum
- Second Step Units of Study:
  - TK-5
    - 1. Skills for Learning
    - 2. Empathy
    - 3. Emotion Management
    - 4. Friendship Skills and Problem Solving
  - Middle School (6-8)
    - 1. Mindsets and Goals
    - 2. Thoughts, Emotions, and Decisions
    - 3. Managing Relationships and Social Conflict
    - 4. Recognizing Bullying and Harassment